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time without a shower violated his Constitutional and state law rights and brings this action against Williams, the warden of High Desert Correctional Center, under 42 U.S.C. § 1983. For the reasons stated below, the Court grants Williams' motion and denies Clark's motion.

DISCUSSION

I. Standard

A court may dismiss a plaintiff's complaint for "failure to state a claim upon which relief can be granted." Fed. R. Civ. P. 12(b)(6). A properly pled complaint must provide "a short and plain statement of the claim showing that the pleader is entitled to relief." Fed. R. Civ. P. 8(a)(2); *Bell Atlantic Corp. v. Twombly*, 550 U.S. 544, 555 (2007). While Rule 8 does not require detailed factual allegations, it demands "more than labels and conclusions" or a "formulaic recitation of the elements of a cause of action." *Ashcroft v. Iqbal*, 129 S. Ct. 1937, 1949 (2009) (citing *Papasan v. Allain*, 478 U.S. 265, 286 (1986)). "Factual allegations must be enough to rise above the speculative level." *Twombly*, 550 U.S. at 555. Thus, to survive a motion to dismiss, a complaint must contain sufficient factual matter to "state a claim to relief that is plausible on its face." *Iqbal*, 129 S. Ct. at 1949 (internal citation omitted).

In *Iqbal*, the Supreme Court clarified the two-step approach district courts are to apply when considering motions to dismiss. First, a district court must accept as true all well-pled factual allegations in the complaint; however, legal conclusions are not entitled to the assumption of truth. *Id.* at 1950. Mere recitals of the elements of a cause of action, supported only by conclusory statements, do not suffice. *Id.* at 1949. Second, a district court must consider whether the factual allegations in the complaint allege a plausible claim for relief. *Id.* at 1950. A claim is facially plausible when the plaintiff's complaint alleges facts that allows the court to draw a reasonable inference that the defendant is liable for the alleged misconduct. *Id.* at 1949. Where the complaint does not permit the court to infer more than the mere possibility of misconduct, the complaint has "alleged—but not shown—that the pleader is entitled to relief." *Id.* (internal quotation marks omitted). When the claims in a complaint have not crossed the line from

conceivable to plausible, plaintiff's complaint must be dismissed. Twombly, 550 U.S. at 570.

Finally, *pro se* complaints are subject to "less stringent standards than formal pleadings drafted by lawyers" and should be "liberally construed." *Erickson v. Pardus*, 127 S. Ct. 2197, 2200 (2007). This is particularly true in civil rights cases. *Karim-Panahi v. Los Angeles Police Dep't*, 839 F.2d 621, 623 (9th Cir. 1988) (holding that courts must afford *pro se* plaintiffs "the benefit of any doubt").

II. Analysis

42 U.S.C. § 1983 provides a mechanism for the private enforcement of substantive rights conferred by the Constitution and federal statutes. *Graham v. Connor*, 490 U.S. 386, 393–94 (1989). To state a claim under § 1983, a plaintiff "must allege the violation of a right secured by the Constitution and the laws of the United States, and must show that the alleged deprivation was committed by a person acting under color of law." *West v. Atkins*, 487 U.S. 42, 48 (1988).

The Eighth Amendment protects prisoners from cruel and unusual punishment, which includes "inhumane conditions of confinement." *Morgan v. Mogensen*, 465 F.3d 1041, 1045 (9th Cir. 2006). "[E]xtreme deprivations are required to make out a conditions-of-confinement claim," and "only those deprivations denying the minimal civilized measure of life's necessities are sufficiently grave to form the basis of an Eighth Amendment violation." *Hudson v. McMillian*, 503 U.S. 1, 9 (1992) (internal citations and quotations omitted). While it is a common American custom to shower frequently, it is hardly inhuman or uncivilized to shower less commonly, as any international tourist can attest. The mere failure to provide a shower for a five day period is, therefore, insufficient to state a claim for violating the Eighth Amendment. *See Davenport v. De Robertis*, 844 F.2d 1310, 1316 (7th Cir. Ill. 1988) (holding that the Constitution only requires one shower per week without extenuating circumstances); *see also Lipsey v. Schwarzenegger* 2009 WL 5030136, at *4 n.2 (E.D. Cal. 2009) (commenting that four and a half

1 days without a shower was insufficient to state an Eighth Amendment claim). "The deprivation 2 merely of cultural amenities is not cruel and unusual punishment." *Davenport*, at 1316. 3 Further, while Clark claims that state prison regulations required a shower every three days, violation of state law or regulation cannot support a § 1983 claim. Section 1983 is "a 4 5 method for vindicating federal rights," not rights conferred by the state. Graham, 490 U.S. at 6 393–394; see also Atkins, 487 U.S. at 48. Therefore the Court grants Williams' motion and 7 dismisses Clark's complaint with prejudice because no further facts will turn his claim into a 8 possible constitutional violation. 9 **CONCLUSION** 10 Accordingly, and for good cause appearing, 11 IT IS HEREBY ORDERED that Defendant's Motion to Dismiss, or Alternatively, 12 for Summary Judgment (#12) is GRANTED with prejudice. 13 IT IS FURTHER ORDERED that Plaintiff's Motion for Summary Judgment (#16) 14 is DENIED. The Clerk of the Court is instructed to close this case. 15 Dated: January 28, 2011. 16 17 18 Chief United States District Judge 19 20 21 22 23 24 25 26

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